







# Annual report for Stichting TOP - Thika Outreach Project for the help provided in 2023 to the Itetani school

## Introduction

This report consists of four chapters:

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## Summary of the achievements

We have made progress on several fields, the school feeding has enabled children to remain in school and focus on their studies.

The families for who we have started business show an average success rate of 85% in increasing their spendable income and in providing better circumstances for their children.

7 children were also rescued from an active situation in which abuse or neglect was happening.

Let us always remember that every number represents a child's life changed, and that is definitely the case for interventions like "rescue from abuse & neglect", "assisting teenage mothers", "individual counselling", and also "Individual health support".

We are very grateful to the complete board of stichting TOP and all of its ambassadors to enable Macheo to help so many children and caregivers around the Itetani school.

Thank you Bren, Jochem, Neeltje, René, Thea en Yvon!



## Financial overview

### Support received from stichting TOP for Itetani school in 2023:

On 28<sup>th</sup> of September we received an amount of € 8,079 on the account of stichting Macheo Nederland with description "Macheo Kenya, Itetanischool 2023".

This amount was exchanged in Kenya against a rate of 156,66 and thus became Kenyan Shilling 1,265,648

Income from stichting TOP for Itetani school in 2023	
Received from stichting TOP (€ 8,079)	KES 1,265,648
Parents contribution to school feeding	KES 81,600
Macheo addition from other funding partners	KES 6,360
<b>Total incomes for Itetani school</b>	<b>KES 1,353,608</b>

### Expenditures by Macheo for Itetani school in 2023:

The contribution from stichting TOP to the Itetani school in 2023 was spent on 8 different interventions: facilitate emergency family support, provision of desks, deworming, individual counselling, group counselling, family economic empowerment, assist teenage mothers, school feeding (breakfast (porridge) & lunch)

Intervention	# of clients helped	Actual unit cost	Total cost
Rescue from abuse & neglect	7	10.875	76.125
Facilitate emergency family support	4	2.140	8.560
Provision of uniforms	5	629	3.145
Individual health support	6	10.148	60.888
Individual counselling	10	5.470	54.700
Family economic empowerment	16	15.266	244.256
Assist teenage mothers	3	19.593	58.779
Improve physical living conditions	3	3.229	9.687
School feeding: breakfast Itetani	252	518	130.536
School feeding: lunch Itetani	146	4.842	706.932
<b>Total costs 2023 Itetani school</b>			<b>1.353.608</b>

The full donated amount was spent in 2023 conform agreement.



## The number of clients helped in the Itetani school with the contribution of TOP

Intervention	# of clients helped
Rescue from abuse & neglect	7 children
Facilitate emergency family support	4 families
Provision of uniforms	5 children
Individual health support	6 children or caregivers
Individual counselling	10 children or caregivers
Family economic empowerment	16 families
Assist teenage mothers	3 teenage mothers
Improve physical living conditions	3 families
School feeding: porridge	252 children
School feeding: lunch	146 children

On average each family we serve has 4,5 persons, meaning that for example the 4 families supported with emergency family support represent a total of 18 people.

In the school feeding we have served a total of 18,877 plates for lunch and 32,508 cups of porridge for breakfast. There were 129 school days in 2023.





## Individual story: Katie's story

Her strong determination to change her life for the sake of her children is what brought Katie<sup>1</sup> to the happiness she enjoys today. Macheo's social worker met Katie through one of the Community Health Volunteers (CHV) in the area. Katie is a mother of two children aged two years and six months.

The CHV encountered Katie when she was already past her due date for giving birth to her second child, and she hadn't received any prenatal care, resulting in an unassisted home birth. At just 17 years old, Katie is married to a husband who shows no concern for the family. Her husband works as a car wash attendant but fails to provide for the family. He often returns home sporadically, leaving Katie and the children with nothing. Katie used to sleep on a dilapidated and torn mattress and frequently went to bed hungry with her child. Her husband's mistreatment of Katie went to the extent of bringing other women home and chasing Katie and her children away.

With Macheo's interventions, Katie was referred for immediate cash relief, which helped her access food and other essential household needs. She also received counselling and teen mom intervention. Macheo Service providers collaborated to ensure that Katie was emotionally stable and had a comfortable place to sleep, providing her with a bed and a mattress. Additionally, Katie was referred to the child protection intervention, where she received guidance on reporting her husband's actions to the children's office.

Teamwork played a pivotal role in Katie's case, as her mother was engaged and sensitized about the importance of being closer to her daughter and taking care of her. Inspired by the support she received, Katie decided to return home, settling in a house near her mother's residence. She was empowered with a grocery business, setting up shop in her mother's shop. In addition to her grocery business, Katie also seeks casual jobs to supplement her income.

Katie reflects on her transformation, saying, "The change is big, and I am so happy. I would never want to return to the life I once lived."

Below we show the costs of helping Katie and her family.

Intervention	Actual unit cost
Facilitate emergency family support	KES 2,140
Individual counselling	KES 5,470
Assist teenage mothers	KES 19,593
Improve physical living conditions	KES 3,229
Rescue from abuse & neglect	KES 10,875
Family economic empowerment	KES 15,266
<b>Total cost of helping Katie and her family</b>	<b>KES 56,573</b>

<sup>1</sup> For privacy reasons we don't use real names, the client has consented that we use her story



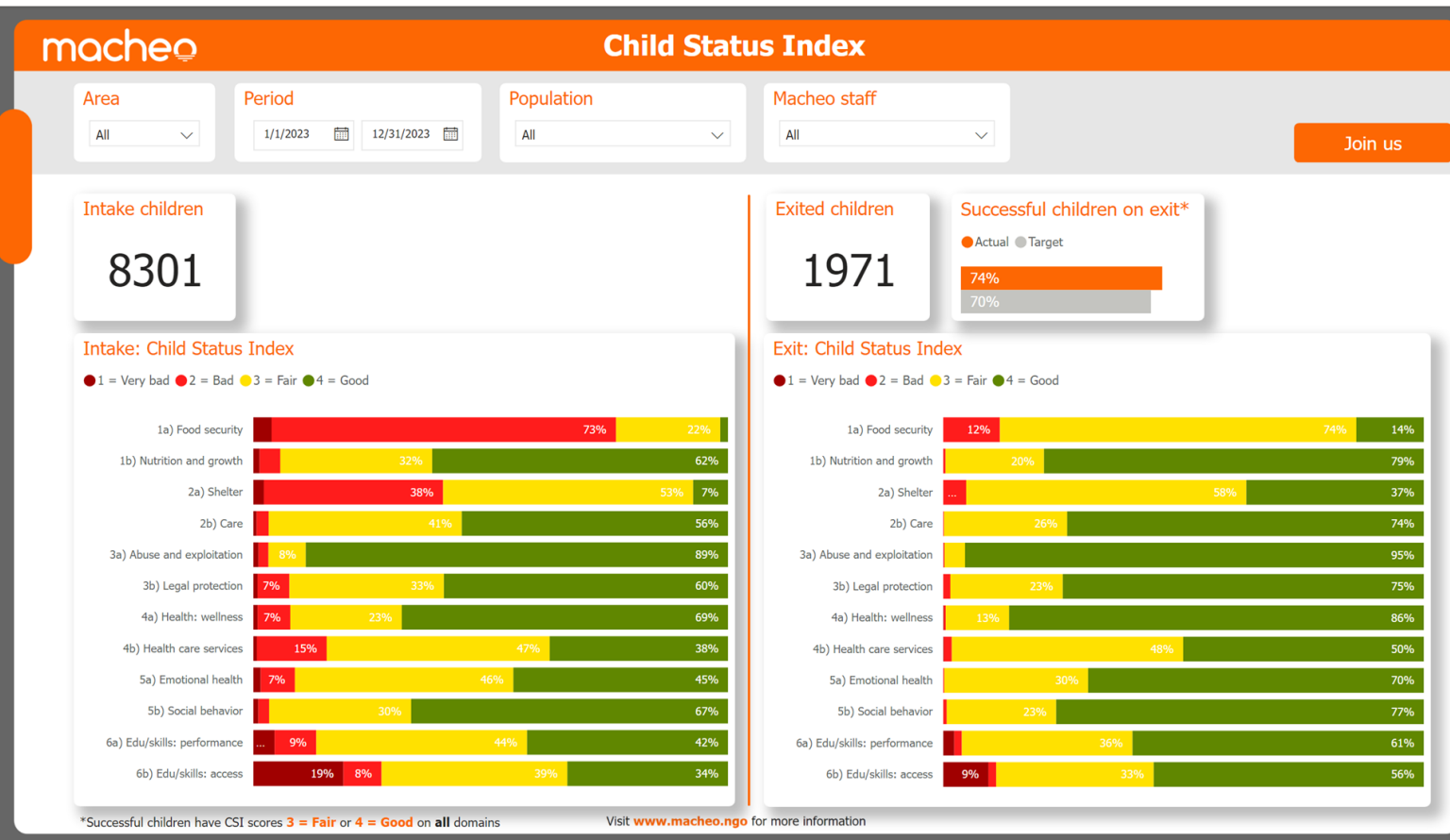




# Macheo's impact

In this chapter we have chosen to show the impact for Macheo on a more aggregated level, it's more reliable than to show it only for the clients helped with the donation of stichting TOP in the area of Itetani school. The numbers are a bit too low to be reliable, we think this gives a more reliable picture. We have no reason to assume the work with the specific clients from TOP is more or less successful than the average clients.

Macheo uses the Child Status Index to determine how much we are able to improve a child's wellbeing. Below shows the intake situations done for all children in 2023 and the exit status of those who were already exited.



We can see that most children on intake really suffer from low food security, bad housing conditions (shelter), and low access to education.

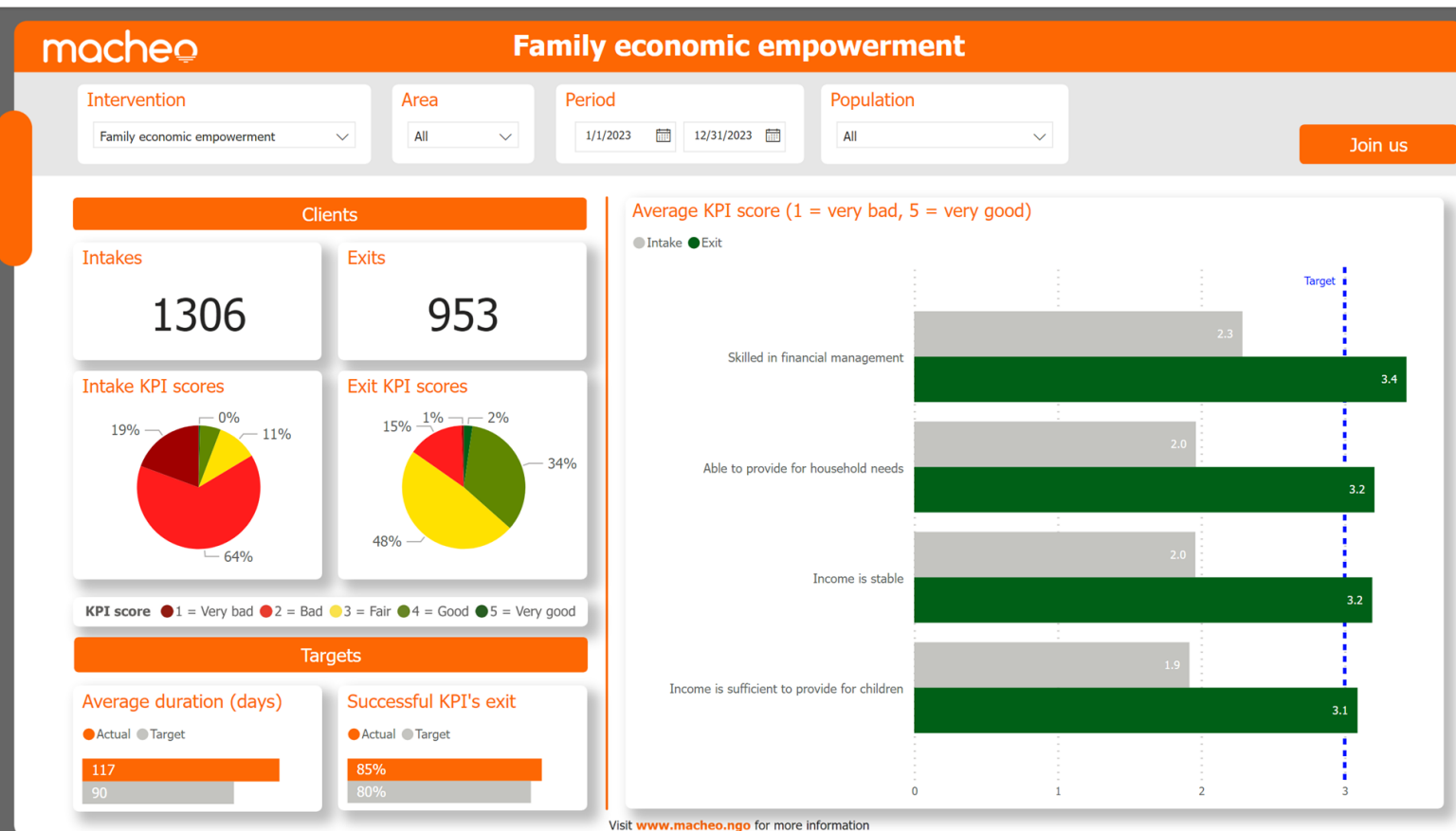
On exit we see that 74% of the children are rated a score of 3 ("fair") or 4 ("good") in *all* sub-domains of the Child Status Index. We are always aiming to do better, but we are satisfied with this impact. From other measures we also know that this result is quite sustainable. The scores drop slightly after 6 and 18 months after exit.



The improved well-being of the children as described on the previous page is achieved through applying different interventions to families or individual children.

The impact that these interventions make is monitored through KPI's, these are Key Performance Indicators.

In below graph we show this for the intervention "Family Economic Empowerment", again for all Macheo clients, not only for the 16 families assisted with the donation of TOP.



Also here we see that 85% of the clients is doing well after the intervention. This is encouraging, but unfortunately we see quite a big drop 6 months after the exit moment. For many families it is difficult to sustain their business. We are currently investing a lot in this intervention and have, among other measures, recruited a new colleague who is specialized in agribusiness. We hope this will increase the sustainability of businesses in the rural.

The people around Itetani school will also hopefully benefit a lot from the presence of this new colleague!





## Contact details

We have tried to be as comprehensive as possible, if you nevertheless have any questions about this report, or about Macheo's work in general, please reach out to us.

You can always reach Macheo via e-mail ([sarah.mbira@macheo.org](mailto:sarah.mbira@macheo.org)) or via phone/WhatsApp (+254721927999).

## Thank you!

We thank you sincerely for your support to Macheo, which enables us to help more people. It is only because of your support that we are able to continue helping people who need our assistance. Thank you very much!

